



**NEWS
RELEASE**

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**Dr. Jeffry and Lisa Strohmyer to Receive Reflection Award at
Midlands Community Foundation's 30th Annual Reflection Ball**

Papillion, Neb., Sept. 1, 2011 – Midlands Community Foundation is pleased to announce that Dr. Jeffry and Lisa Strohmyer will receive the Reflection Award at the organization's 30th Annual Reflection Ball on Jan. 7, 2012, at the Embassy Suites in LaVista. Each year Midlands Community Foundation honors an individual or individuals who have contributed significantly to Sarpy and Cass counties and the mission of the Foundation with its Reflection Award.

Dr. Strohmyer grew up in Lexington, Neb., the youngest of five children. He graduated from the University of Nebraska Medical Center College of Medicine in 1986 and completed his residency at the Altoona Hospital in Altoona, Penn. in 1989. Dr. Strohmyer is board certified in Family Medicine and has been in practice in Papillion since 1989. He has served on the boards of the Nebraska Medical Association and Metropolitan Omaha Medical Society. He is a Fellow of the American Academy of Family Physicians and American Academy of Pediatrics. Dr. Strohmyer is also a member of the American Academy of Physician Executives. He currently serves as the Campus Medical Director at Alegent Health Midlands Hospital, Medical Director of the Sarpy/Cass County Health Department, and Associate Medical Director of UniNet PHO. Dr. Strohmyer received his MBA from the University of Nebraska-Lincoln in 2009.

With his medical background and expertise, Dr. Strohmyer volunteers as the team physician for both Papillion LaVista and Papillion LaVista South high schools and has coordinated sports physicals for more than 20 years. He has coached numerous Papillion recreational league teams in several sports (football, baseball, softball and basketball), and since 1990, has been involved in emergency preparedness and response.

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Lisa Strohmyer was born in Omaha and grew up in Kearney, Neb., the middle of three children. She graduated with Bachelor's and Master's degrees in nursing from the University of Nebraska Medical Center and the University of Pittsburgh, respectively. Prior to becoming a stay-at-home mom, Lisa worked for 10 years as a registered nurse at Lincoln General Hospital, Altoona Hospital, Alegent Health Midlands Hospital, the University of Nebraska Medical Center and VNA Hospice. Lisa has served on the Papillion LaVista Schools Foundation Board, the Papillion LaVista School Bond Committee, the Papio Swim Association Board, Papillion Junior Women's Club, Junior League of Omaha, peer counselor at the AAA Center for Pregnancy Counseling and the Midlands Community Foundation Reflection Ball Committee. She currently serves as manager of the Papio Swim and Dive Team, the Papillion LaVista South Titan Defenders Board, Papillion Junior High PTN Board, Walnut Creek Elementary PTO volunteer and is a member of the PEO Woman's Organization.

With most of their focus in the areas of health and education, and an emphasis on faith and family, Jeff and Lisa are both active members of Thanksgiving Lutheran Church and also have been involved in mentoring Sudanese refugees. They have four children, Natalie, Jessica, Michael and Rebekah.

"We are delighted to present Dr. Jeff and Lisa Strohmyer with our Reflection Award at our 30th Annual Ball for their commitment to our community and their countless hours of volunteer service, particularly in the areas of health care and education," said Tonee Gay, Executive Director.

The mission of Midlands Community Foundation is to benefit the diverse needs of the Sarpy and Cass county communities by providing financial support, involvement and service. Since its inception, the Foundation has donated millions of dollars to many worthy organizations with an emphasis toward prevention and education in the areas of health, art, culture, community, education, economic development and human services.

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